

Background

253 Million Adolescents

India's adolescent population represents one-fifth of the nation, with 110 million aged 10-18 currently enrolled in formal education systems.

Critical Health Needs

Addressing unique sexual and reproductive health requirements is essential for long-term wellbeing and healthy development.

Educational Gateway

Schools and teachers serve as pivotal influencers in shaping health-seeking behaviors and providing accurate, age-appropriate SRH information.

Intervention



Population Foundation of India's **Educately.org** platform empowers educators with knowledge and skills to facilitate safe, non-judgmental discussions on SRH and wellbeing

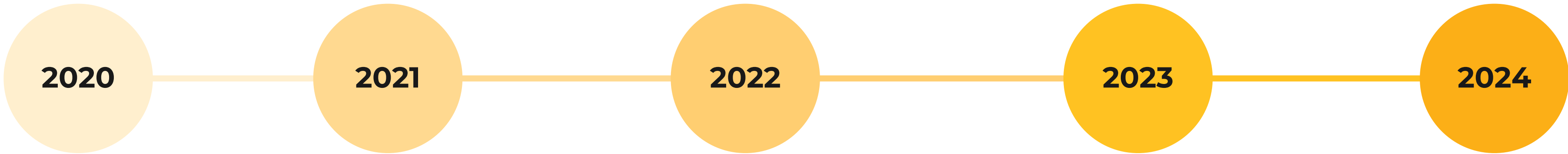


The platform offers **three self-paced, free courses** - *ARSH (Adolescent Reproductive and Sexual Health) for You*, Adolescent Problem Solving and Counselling Training (APT), and Integrated Sexual and Reproductive Health (ISRH)



Flagship course - **ARSH for You** - implemented across 25+ states of India

Platform Evolution



Launched Educately with *ARSH for You* course (English)

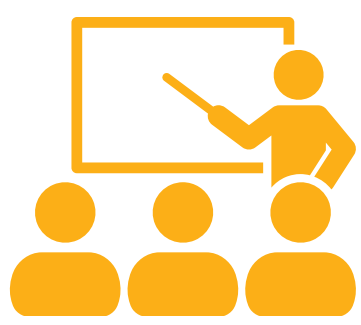
Launched *ARSH for You* in Hindi
Pilot with Department of Education, Bihar
Partnership with National Health Mission, UP

Launched APT course with Sangath, leading Indian NGO on mental health
Partnership with Education Department, Rajasthan

Developed *ARSH for You* offline module
Partnership with Jharkhand State Child Protection Society
Partnership with Department of Social Welfare, Manipur

Partnership with HCL Foundation for ARSH for You on HCLF Academy

Reach



4,000+

Trained Professionals

Teachers and professionals trained across government and private sectors



18,000

Active Learners

Educators currently enrolled and progressing through courses



200,000

Adolescents Reached

Indirect reach through programme and outreach efforts



5

Government Partnerships

Outreach in UP, Bihar, Manipur, Jharkhand and Rajasthan



4.4/5

Learner Rating

Outstanding satisfaction score from participants

Impact

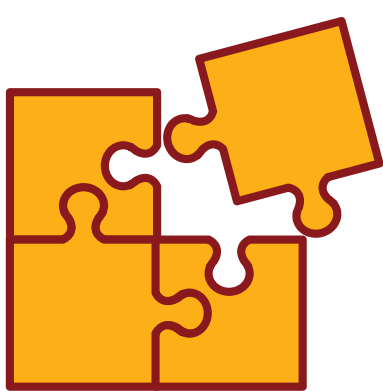
11%

Enhanced Knowledge Base
11% increase in understanding of contraception, sexuality, and relationships through pre and post-test analysis

7%

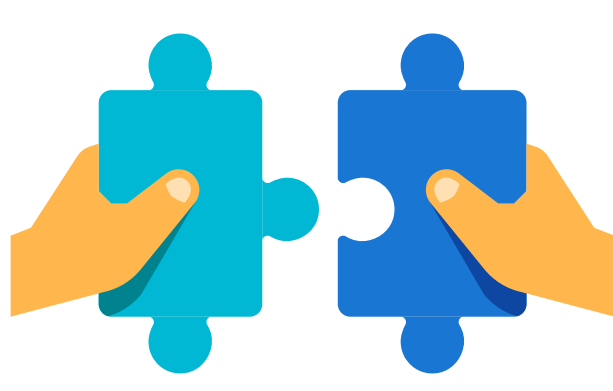
Improved Facilitation Skills
7% improvement in educators' ability to lead meaningful group discussions on sensitive topics

Highlights



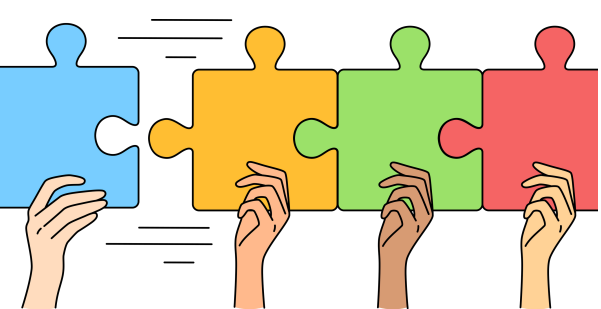
Bridging Equity Gaps

Localised digital learning tools bridge regional disparities, providing reproductive health information to marginalised adolescents effectively.



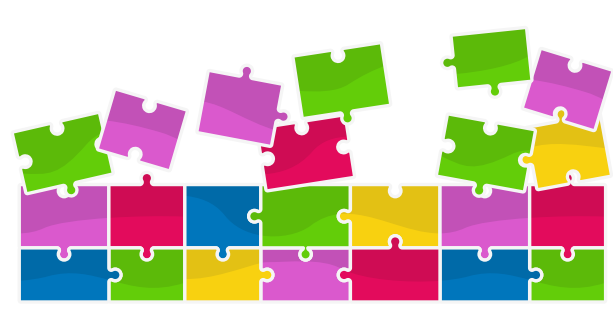
Ecosystem Strengthening

Creating an enabling environment empowers adolescents to achieve better health and wellbeing.



Empowering Educators

Strengthening educator capacity enables open, informed discussions on sensitive health topics, significantly improving adolescent access to vital services.



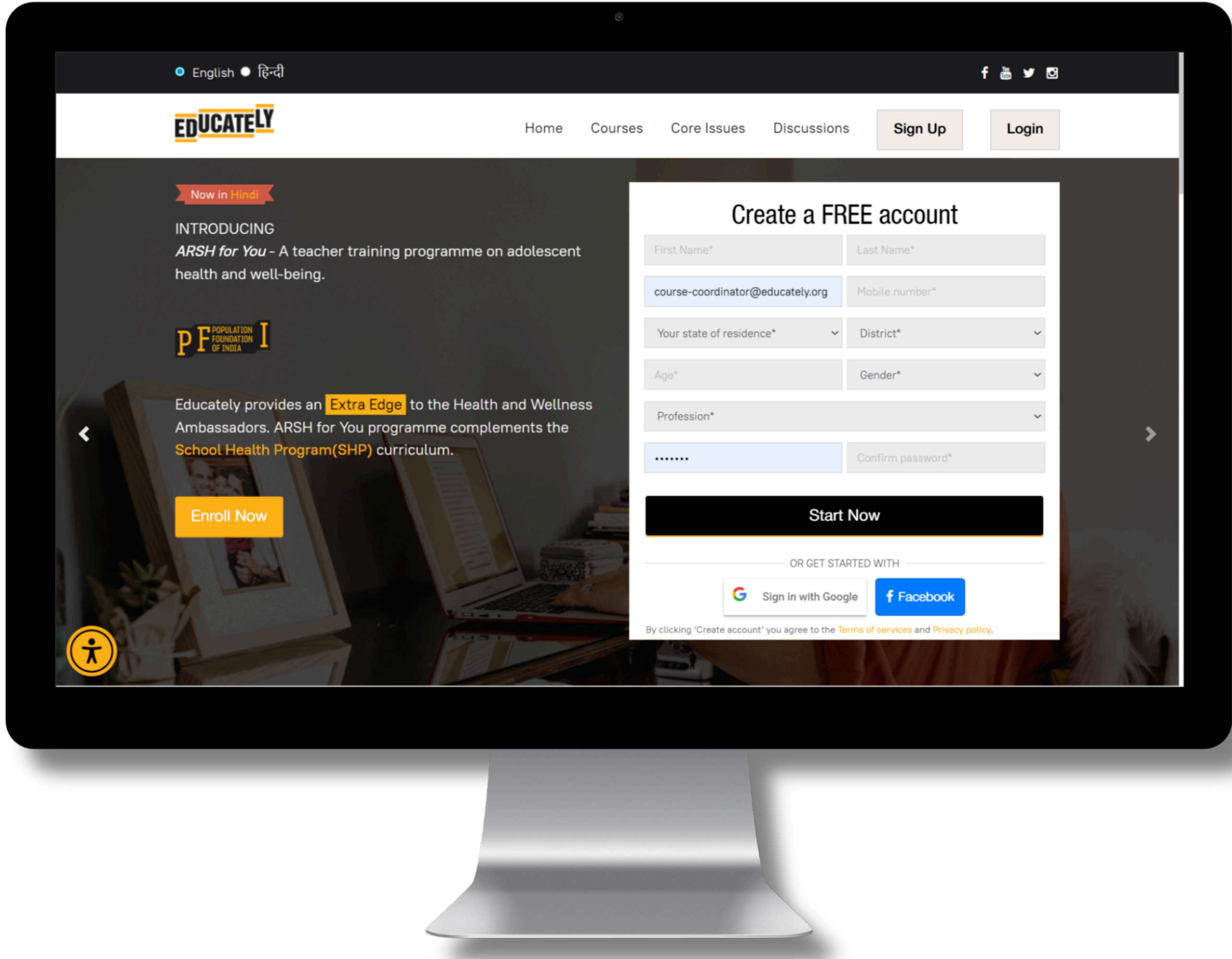
Digital Scalability

Success of Educately highlights the potential of digital platforms to provide structured and scientifically accurate SRH education at scale, making it accessible to diverse audiences.

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to be updated



Platform Features



Mobile & Web Friendly



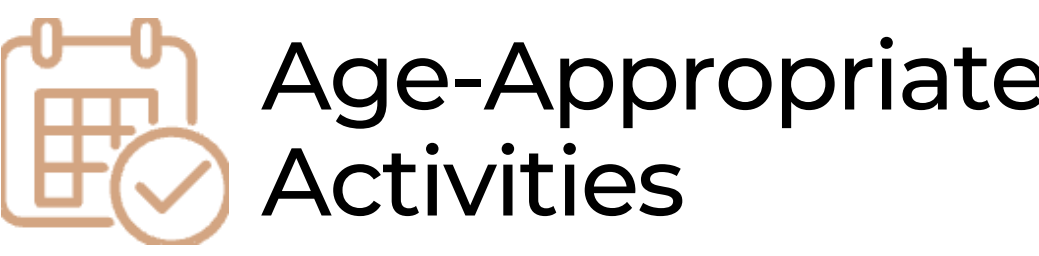
Bilingual Access



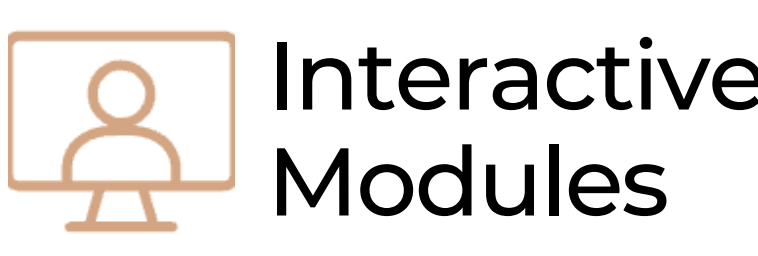
Downloadable Resources



Self-Paced Learning



Age-Appropriate Activities



Interactive Modules